



2026 OPSSA Cross Country

Year 7 & 8 Course Description

- ① From the start follow the track around the outside of the field.
- ② Follow the path past the gym and towards the bridge.
- ③ Cross the bridge and turn left.
- ④ Follow the track down the lane keeping to the right.
- ⑤ Turn right and follow the track up the bank.
- ⑥ Follow the track around the top field keeping to the right.
- ⑦ Follow the track back down the bank keeping to the right.
- ⑧ Turn right at the bottom of the bank and through the gateway.
- ⑨ Follow the track up the bank of the backfield.
- ⑩ Follow the track around the outside of the field.
- ⑪ After the wooden fence, follow the track down through the trees.
- ⑫ Follow the track up the bank and back onto the flat.
- ⑬ Through the gateway and follow the track keeping right.
- ⑭ Follow the track back down the lane.
- ⑮ At the barrier turn right and cross the bridge.
- ⑯ Turn right off the bridge and follow the path behind the buildings.
- ⑰ Follow the track past the start area and around the top of the field.
- ⑱ Turn left at the barrier and into the finish straight.

Distance approximately 2.4 km

